



7. Airwyn to Rawcliffe
 Distance: 3 miles approx
 Time: 2 hours approx
 Not to scale
 Key:
 — Position of road (not all the road shown)
 ① picture number

On this extended walk, distances may be greatly foreshortened e.g. 'Long Bend' after ⑧.
 You may encounter cattle on the flood plains.

